

According to your region, please submit the completed form to:

**Quebec  
Disability Claims**  
PO Box 790, Station B  
Montreal, Quebec H3B 3K6

**All Other Provinces  
Disability Claims**  
522 University Avenue, Suite 400  
Toronto, Ontario M5G 1Y7

## INSTRUCTIONS

To properly complete the form, each party should follow the instructions below.

### POLICYHOLDER (Employer or plan administrator)

1. Please complete the "Policyholder's Statement" and ensure that you answer all questions to avoid file review delays.
2. For long-term disability or waiver of premium without short-term disability coverage requests, Industrial Alliance Insurance and Financial Services Inc. must receive the duly completed form signed by all parties **six to eight weeks before the waiting period expires**.

### MEMBER

1. Please complete the "Member's Statement" and ensure that you answer all questions to avoid file review delays. Don't forget to sign the "Member Confirmation/Authorization" in Part 8.
2. Please ensure that your attending physician completes the medical declaration that applies to your condition (physical and/or psychological). You must also complete the "Member Identification" section AND you must sign the "Member Authorization" at the top of the physician's declaration.
3. Please enclose a photocopy of the benefit statement from any government plan under which you are receiving benefits (Régie des rentes du Québec, Canada Pension Plan, workers' compensation, auto insurance, victim of criminal act compensation, etc.)
4. Attach a copy of all correspondence received from any government plan mentioned in number 3 above (such as a letter of acceptance, proof of payment, etc.) and, if possible, a copy of the file.

Note:

- a) It is your responsibility to pay any fees that may be incurred to have this form completed by your attending physician.
- b) You will be informed of any decisions that have been made as well as to request any additional information that may be required in case of an extended disability.
- c) Please return the entire document to the applicable address above. Do not detach any pages.

### ATTENDING PHYSICIAN

1. Please complete the medical declaration that applies to the condition of your patient (physical and/or psychological) ensuring that you answer all questions to avoid file review delays.
2. Please attach any other documentation pertinent to the analysis of the request (test results of various examinations carried out and specialist consultation reports) to the form.

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**POLICYHOLDER'S STATEMENT**

TO EXPEDITE PROCESSING, PLEASE ANSWER ALL QUESTIONS AND OBTAIN ALL REQUIRED SIGNATURES.

**Type of claim:** Short-term disability  Long-term disability  Waiver of premium

**1. COVERAGE INFORMATION**

Plan member's first name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

Postal code

Home phone no.  Cell phone no.

Best time of the day to contact the plan member: AM  PM

Date of birth

Policy no. \_\_\_\_\_ Certificate no. \_\_\_\_\_ Class no. \_\_\_\_\_ Division no. (If applicable) \_\_\_\_\_

Plan member's effective date of insurance with iA Financial Group  Service date

Original effective date of insurance  Date of hire

Benefits	Current insurance amount
Basic life insurance – Member	
Basic accidental death and dismemberment – Member	
Optional life insurance	
1. Member	
2. Spouse	
3. Children	
Long-term disability – Member	

**2. WORK SCHEDULE AND EARNINGS INFORMATION**

Number of hours worked in a normal week: \_\_\_\_\_

If an irregular schedule, indicate the number of hours worked for each day:

Monday \_\_\_\_\_ Tuesday \_\_\_\_\_ Wednesday \_\_\_\_\_ Thursday \_\_\_\_\_ Friday \_\_\_\_\_ Saturday \_\_\_\_\_ Sunday \_\_\_\_\_

Gross salary prior to date of disability: \$ \_\_\_\_\_ Paid monthly  Biweekly  Weekly  Effective date

Tax credits: Federal (TD1) \_\_\_\_\_ Provincial (TPD1) \_\_\_\_\_

Other, please specify \_\_\_\_\_

During the period of disability, has or will the plan member receive:

Statutory holiday pay  Vacation pay  Pay for sick days  Other  \_\_\_\_\_

Amount \$ \_\_\_\_\_ Period from \_\_\_\_\_ to \_\_\_\_\_

Are you able to accommodate: A gradual return to work  Modified duties

**3. EMPLOYMENT INFORMATION**

Last day worked 

	Y								
		M							
				D					

 Date returned to work (if applicable) 

	Y								
		M							
				D					

Accident at work Yes  No

Was an accident report filed with WSIB, CSST, Worksafe BC, etc.? Yes  No  Date filed 

	Y								
		M							
				D					

On the date the disability commenced was the employee: On vacation  Laid off  On paid leave  On unpaid leave

On disciplinary suspension with pay  On disciplinary suspension without pay  Other  \_\_\_\_\_

If returned to work please specify: Full time  Part time  Regular duties  Modified duties

On the date the plan member last worked, what was the member's:

Occupation \_\_\_\_\_ Please attach a job description if available \_\_\_\_\_

How long has the member worked in this position? Number of years \_\_\_\_\_ Number of months \_\_\_\_\_

If the plan member changed jobs or assignments during the 12 months immediately before the last day worked, describe the previous position and provide the reason(s) for the change in job.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please provide any other comments relevant to this claim:

\_\_\_\_\_  
\_\_\_\_\_

**4. WORK DEMANDS INFORMATION**

**Please complete or attach a physical demands analysis (PDA)**

During the plan member's normal routine, what percentage of time is he or she required to lift or carry:

	Never	1-25%	26-50%	51-75%	76-100%
More than 10lbs/4.5 kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More than 20lbs/9.1 kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More than 50lbs/22.7kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

During the plan member's normal routine, what percentage of time does the job involve the following activities:

	Never	1-25%	26-50%	51-75%	76-100%
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching above shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching at shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching below shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending or crouching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kneeling or crawling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How long is the plan member required to remain continuously engaged in the following activities without break:

	0-30 minutes	31-60 minutes	61-90 minutes	more than 90 minutes
Continuous sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Continuous standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Mental demands**

During the plan member's normal routine, what percentage of time does the job involve the following activities:

	Never	1-25%	26-50%	51-75%	76-100%
Supervision of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tasks with time management pressures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tasks requiring significant attention to detail	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**5. POLICYHOLDER INFORMATION**

Policyholder's name \_\_\_\_\_

Address \_\_\_\_\_ Postal code \_\_\_\_\_

Telephone no. \_\_\_\_\_ Extension \_\_\_\_\_

Email address \_\_\_\_\_

Authorized person's name \_\_\_\_\_

\_\_\_\_\_  
Signature Date \_\_\_\_\_

Name \_\_\_\_\_

Telephone no. \_\_\_\_\_ Extension \_\_\_\_\_

Email address \_\_\_\_\_

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**Type of claim:** Short-term disability  Long-term disability  Waiver of premiums

**MEMBER'S STATEMENT**

TO EXPEDITE PROCESSING, PLEASE ANSWER ALL QUESTIONS AND OBTAIN ALL REQUIRED SIGNATURES.

**PART 1 – IDENTIFICATION**

First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Gender: Female  Male

Policy no: \_\_\_\_\_ Social Insurance Number: 

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 Certificate no.: \_\_\_\_\_

Date of birth: 

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 Occupation: \_\_\_\_\_ Language: French  English

Telephone: 

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**PART 2 – REASON FOR THE CLAIM**

1. Accident. If the sick leave was the result of an accident, indicate:

- Place of the accident: Home  Work  Elsewhere (specify) \_\_\_\_\_  
Y M D

- Date of the accident: 

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 Circumstances: \_\_\_\_\_

- If a car accident, specify whether you were: Driver  Passenger  If not a Quebec resident, please submit the police report.

2. Is the period of disability due to work-related problems? No  Yes  Specify: \_\_\_\_\_

**PART 3 – OCCUPATION**

Date hired: 

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

 When did you become unable to work? Date: 

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

1. Explain how your condition is preventing you from working.

2. Describe the duties of your job that you can no longer perform.

3. When you stopped working, were you working anywhere else (second job)? If yes, specify:

**PART 4 – CURRENT SITUATION**

1. Are you confined to your home?    
Confined to your bed?    
Hospitalized?

2. Please describe all your symptoms including severity and frequency:

3. Describe your current activities of daily living since going on sick leave:

**PART 5 – INCOME FROM OTHER SOURCES**

Indicate if you have applied or will be applying for benefits from any of the following sources:

- Commission de la santé et de la sécurité du travail (CSST) or other workers' compensation board No  Yes  Date 

Y	M	D
- Société de l'assurance automobile du Québec (SAAQ) or other automobile insurance organization No  Yes  Date 

Y	M	D
- Human Resources and Social Development Canada (HRSDC) No  Yes  Date 

Y	M	D
- Régie des rentes du Québec (RRQ): Disability pension  Retirement pension  No  Yes  Date 

Y	M	D
- Canada Pension Plan (CPP): Disability pension  Retirement pension  No  Yes  Date 

Y	M	D
- Other (specify): \_\_\_\_\_ Date 

Y	M	D

If you have already applied for benefits, please provide a copy of all correspondence, including the decision, if applicable.

**PART 6 – PHYSICIANS AND HISTORY**

1. Name of your attending physician: \_\_\_\_\_ Date of initial visit: 

Y	M	D

  
Address: \_\_\_\_\_
2. Have you been hospitalized for this medical condition? No  Yes  Date: 

Y	M	D

  
Name of hospital: \_\_\_\_\_
3. When did your symptoms start? \_\_\_\_\_
4. When did you first consult a physician for this medical condition? \_\_\_\_\_
5. Have you ever had a similar illness or injury before? No  Yes  Date: 

Y	M	D
6. Would you be able to return to work gradually? No  Yes
7. Has your attending physician prescribed medication? No  Yes   
If so, are you taking it regularly? No  Yes
8. List all the physicians who have treated you in the last two years

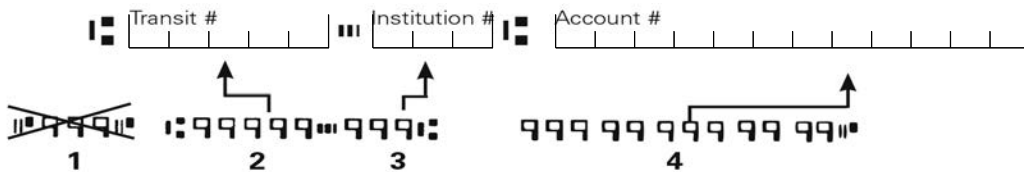
Illness	Consultation or treatment date	Treatment prescribed, medication, other	Name and address of physician

**PART 7 – DIRECT DEPOSIT**

Disability benefits are paid by direct deposit, i.e. electronic transfer to a bank account.

To receive your benefits:

- 1 Provide your bank account information
2. **Attach a void cheque** or a sample cheque generated by your financial institution's online services



- |  |
|--|
| <ol style="list-style-type: none"> <li>1. Cheque number (do not write this number).</li> <li>2. Transit number (5 digits).</li> <li>3. Financial institution number (3 digits).</li> <li>4. Account number up to 12 digits. The format may vary from one financial institution to another (indicate all the numbers).</li> </ol> |
|--|

**PART 8 – MEMBER CONFIRMATION/AUTHORIZATION**

I CONFIRM that the statements provided in the Member’s Statement and all statements provided in any personal or telephone interviews concerning this disability claim are true and complete to the best of my knowledge. I AGREE that all such statements form the basis for any benefits approved as a result of this claim.

I HEREBY AUTHORIZE:

- (i) Any healthcare provider or professional, medical organization, the MIB Inc., insurance or reinsurance company, investigation and credit reporting agency, workers’ compensation board, the policyholder, my employer, as well as any other person, private or public organization or institution acting on the employer’s behalf to disclose and exchange any personal or health information, records (including physicians’ notes) or knowledge concerning myself with Industrial Alliance Insurance and Financial Services Inc. (“iA Financial Group”), its employees, reinsurers or agency acting on behalf of iA Financial Group which is necessary for the purpose of assessing my disability claim;
- (ii) iA Financial Group to exchange any information with my employer/policyholder for the purpose of assessing my disability claim or discussing rehabilitation and return to work planning; and
- (iii) iA Financial Group and my employer/policyholder to use my SIN for identification purposes in the handling of my claim.
- (iv) iA Financial Group to deposit in my bank account, using the banking information I have provided above, any amounts payable in regards to a disability claim that I submit under my group insurance plan. I confirm that I am the or one of the holders of this account and that I have obtained all necessary authorizations, if applicable, to enrol in this direct deposit. I agree that this authorization will apply until such time as I submit a written request to the contrary to iA Financial Group. I understand that iA Financial Group will have no further obligation with regards to the claims paid. I also understand that iA Financial Group can, without prior notice, terminate the direct deposit of my claims payments. This authorization takes effect on the date indicated below and will be valid for all other active bank accounts at this or any other financial institution that I may name in the future. Furthermore, I understand and agree that if I provide iA Financial Group with incorrect banking information or if I fail to notify iA Financial Group of any change in my banking information and, as a result of this error or omission, the amount of a paid disability claim is deposited into the wrong bank account, iA Financial Group cannot be held responsible or liable for this error or omission or be obligated to reimburse me if iA Financial Group is unable to recover the amount that was paid into the wrong account.

A photocopy of this Confirmation/Authorization shall be as valid as the original.

This Confirmation/Authorization is valid only for this disability claim.

Member’s signature: \_\_\_\_\_ Date: 

		Y				
			M			
						D

Address: \_\_\_\_\_ Postal code: 

--	--	--	--	--	--

Home: 

--	--	--	--	--	--	--	--	--	--	--	--	--

 Work: 

--	--	--	--	--	--	--	--	--	--	--	--	--





**PART 2 – LIMITATIONS AND RESTRICTIONS**

- 1. What are your patient's current limitations (what he/she cannot do)?  
\_\_\_\_\_
- 2. What restrictions are currently placed on your patient (what he/she should not do)?  
\_\_\_\_\_
- 3. Is the patient able to attend his/her affairs, particularly the endorsement of cheques? No  Yes

**PART 3 – TREATMENT**

- 1. Medication (name and dosage):  
\_\_\_\_\_
- 2. Medication strategies  
Progressive increase: \_\_\_\_\_  
Potentialization: \_\_\_\_\_  
Combinations: \_\_\_\_\_  
Medication changes: \_\_\_\_\_
- 3. Is the patient consulting: Psychiatrist? No  Yes  No  Yes   
Psychologist? No  Yes  No  Yes

If yes, name of the healthcare provider: \_\_\_\_\_

- 4. Hospitalization: From 

Y	M	D							

 to 

Y	M	D							

  
Name of hospital: \_\_\_\_\_

**PART 4 – FOLLOW-UP AND PROGNOSIS**

- 1. Date of first consultation for this disability: 

Y	M	D							

  
Starting date of disability: 

Y	M	D							

 Next consultation: 

Y	M	D							
- 2. Dates of other consultations: 

Y	M	D							

 Follow-up frequency: \_\_\_\_\_
- 3. Will the patient be referred to a psychiatrist? No  Yes  Name of physician: \_\_\_\_\_
- 4. Approximate duration of disability: Number of weeks \_\_\_\_\_ or number of months \_\_\_\_\_ or undetermined   
or date of return to work: 

Y	M	D							
- 5. When will your patient be fit to return to work? 

Y	M	D							

  
Part-time  Full-time  If gradual return , please explain why \_\_\_\_\_

- 6. Recommended return to work plan: Program start date:  
Week 1: \_\_\_\_\_ days a week Date: 

Y	M	D							

 Week 2: \_\_\_\_\_ days a week Date: 

Y	M	D							

  
Week 3: \_\_\_\_\_ days a week Date: 

Y	M	D							

 Week 4: \_\_\_\_\_ days a week Date: 

Y	M	D							

**PART 5 – IDENTIFICATION OF THE ATTENDING PHYSICIAN**

- 1. First and last name: \_\_\_\_\_ Telephone: 

--	--	--	--	--	--	--	--	--	--
- 2. Address: \_\_\_\_\_ Fax: 

--	--	--	--	--	--	--	--	--	--
- 3. General practitioner  Specialist  Other  Specify: \_\_\_\_\_
- Signature: \_\_\_\_\_ Date: 

Y	M	D							

**NOTE: THE MEMBER IS RESPONSIBLE FOR ANY FEES CHARGED TO COMPLETE THIS FORM.**

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**Disability Claims**  
522 University Avenue, Suite 400  
Toronto, Ontario M5G 1Y7

**Type of claim:** Short-term disability  Long-term disability  Waiver of premiums

**MEMBER IDENTIFICATION (The member must complete this section)**

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Policy no: \_\_\_\_\_ Social Insurance Number: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] Certificate no.: \_\_\_\_\_

Date of birth: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Y M D

**MEMBER AUTHORIZATION**

I HEREBY AUTHORIZE any healthcare provider or professional, medical organization, the MIB Inc., insurance or reinsurance company, investigation and credit reporting agency, workers' compensation board, the policyholder, my employer, as well as any other person, private or public organization or institution to disclose and exchange any personal or health information, records (including physicians' notes) or knowledge concerning myself with Industrial Alliance Insurance and Financial Services Inc. ("iA Financial Group"), its employees, reinsurers or agency acting on behalf of iA Financial Group which is necessary for the purpose of assessing my disability claim.

A photocopy of this Authorization shall be as valid as the original.

This Authorization is valid only for this disability claim.

Member's signature \_\_\_\_\_ Date: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Y M D

Address: \_\_\_\_\_ Postal code: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

Home: [ ]  
Work: [ ]

**ATTENDING PHYSICIAN'S STATEMENT – PHYSICAL ILLNESS**  
Please print and give to the patient  
**PLEASE ANSWER ALL QUESTIONS AND ATTACH ANY DOCUMENTS PERTINENT TO THE ANALYSIS OF THE REQUEST**

**PART 1 – DIAGNOSIS**

1. Primary: \_\_\_\_\_

2. Secondary: \_\_\_\_\_

3. Complications: \_\_\_\_\_

4. For the illnesses or associated symptoms diagnosed, has the patient previously:  
received medical treatments  consulted another physician  taken medication  been hospitalized   
undergone examinations  Specify the periods: \_\_\_\_\_

5. a) Is the disability related to the specific risks of this patient's job?  
No  Yes  If so, explain: \_\_\_\_\_

b) Is the disability related to: Accident  Illness  Work accident  Occupational illness   
Motor vehicle accident  Date of the event: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Y M D

c) Pregnancy? No  Yes  Expected date of delivery: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Y M D  
Preventive leave? No  Yes  Start date: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Y M D

6. Describe the functional limitations that prevent the patient from carrying out professional duties or usual daily activities.

Date	At the beginning of disability	Currently
[ ] [ ]		
[ ] [ ]		
[ ] [ ]		

Height: \_\_\_\_\_ m Weight: \_\_\_\_\_ kg Right-handed  Left-handed

**PART 2 – LIMITATIONS AND RESTRICTIONS**

- 1. What are your patient's current limitations **(what he/she cannot do)**?  
\_\_\_\_\_
- 2. What restrictions are currently placed on your patient **(what he/she should not do)**?  
\_\_\_\_\_
- 3. Cardiac status (if related to the disability):
  - a) Functional capacity (American Heart Association) Class I (no limitation)  Class II (slight limitation)   
Class III (marked limitation)  Class IV (severe limitation)
  - b) Blood pressure (last visit): Systolic \_\_\_\_\_ Diastolic \_\_\_\_\_
  - c) Is the patient able to attend his/her affairs, particularly the endorsement of cheques? No  Yes

**PART 3 – TREATMENT**

- 1. Medication (name and dosage):  
\_\_\_\_\_
- 2. Has the patient undergone or will undergo:
  - a) Examinations or tests? No  Yes  Specify: \_\_\_\_\_
  - b) Surgery? No  Yes  Day surgery  Type: \_\_\_\_\_ Date: Y M D  
Surgical procedure: \_\_\_\_\_
  - c) Other treatments? No  Yes  Specify: \_\_\_\_\_
  - d) Hospitalization: From Y M D to Y M D  
Name of hospital: \_\_\_\_\_
  - e) A short stay under observation (number of hours): \_\_\_\_\_

**PART 4 - FOLLOW-UP AND PROGNOSIS**

- 1. Date of first consultation for this disability: Y M D  
Starting date of disability: Y M D Next consultation: Y M D
- 2. Dates of other consultations: Y M D Follow-up frequency: \_\_\_\_\_
- 3. Referral to another physician? No  Yes  Name of physician: \_\_\_\_\_  
Speciality : \_\_\_\_\_
- 4. Approximate duration of disability: Number of weeks \_\_\_\_\_ or number of months \_\_\_\_\_ or undetermined  
or date of return to work: Y M D
- 5. When will your patient be fit to return to work? Y M D  
Part-time  Full-time  If gradual return, please explain why \_\_\_\_\_

- 6. Recommended return to work plan: Plan start date: Y M D  
Week 1: \_\_\_\_\_ days a week Date: Y M D Week 2: \_\_\_\_\_ days a week Date: Y M D  
Week 3: \_\_\_\_\_ days a week Date: Y M D Week 4: \_\_\_\_\_ days a week Date: Y M D

**PART 5 – IDENTIFICATION OF THE ATTENDING PHYSICIAN**

- 1. First and last name: \_\_\_\_\_ Telephone: \_\_\_\_\_
- 2. Address: \_\_\_\_\_ Fax: \_\_\_\_\_
- 3. General practitioner  Specialist  Other  Specify: \_\_\_\_\_
- Signature: \_\_\_\_\_ Date: Y M D

**NOTE: THE MEMBER IS RESPONSIBLE FOR ANY FEES CHARGED TO COMPLETE THIS FORM.**